

Marathon Mission

DETROIT



Team Captain's Handbook

www.marathonmission.net

Join the Marathon Mission Team
The premier faith and community-based team in the running!

Your team **CAN** do this!



Lisa M. Harper, Founder
(734) 775-3073
lisa@marathonmission.net



Marathon Mission



What is Marathon Mission?

Marathon Mission, a premier faith and community based umbrella charity, began in 2003 with the Detroit Free Press Marathon. Marathon Mission is a tool for walkers and joggers of all ages and abilities to raise support for the myriad of outstanding missionaries and charitable workers both stateside and abroad. Marathon Mission is for those with a passion to see souls won, the hungry fed, the naked clothed, the orphans comforted, the downtrodden lifted up, and the homeless find shelter. We provide an avenue for individuals to use their strength to make an eternal impact. While Detroit is the hub of our "MM" wheel, Marathon Mission continues to expand to other races - new places with fresh faces...like Boston, Chicago, Dearborn, Peak Performance Maine Marathon, Outer Banks, Ionia, Ludington and more. Marathon Mission brings vibrant health to communities, one step at a time. Visit us often at www.marathonmission.net. Marathon Mission keeps the flame burning and the legs turning!



MM on Facebook!

Living and Loving: The Marathon of Life by Lisa M. Harper

Check out Marathon Mission on Facebook! You can read Lisa Harper's blog, as well as the blogs of the MM Trainers. In addition, you can view videos related to MM, as well as receive notification about upcoming events! You will also meet others who are passionate about running and raising money for charity. Hope to see you there! You can also always contact Lisa Harper at lisa@marathonmission.net.



Discover life the way it should be — powered by such love, faith and joy that it envelopes even those around you! In *Living and Loving*, author Lisa M. Harper will light up your world as she comes alongside and shares mile after inspiring mile of her marathon of life experiences.

About the Author: Lisa M. Harper is a motivator, encourager, and worker whose zest for living is nothing short of contagious. Motivating others to achieve their "unattainable" dreams, while empathizing with their struggles, Harper offers her friends a unique blend of reflection, compassion and inspiration. Although Harper has rarely met a challenge she couldn't overcome, her life experiences include setbacks, heartaches, and losses women and men can identify with.

Order your copy today: www.themarathonoflife.com



Marathon Mission...we keep the legs turning and the flame burning!

Marathon Mission Charity Partners 2003-2010

AAA Pregnancy Resource Center*
Abide Ministries
Advocates Legal Service
American Ministries to the Deaf*
Autism Research Institute*
Beat the Odds Awards Program
Bless India Ministries, Inc.
Boys & Girls Missionary Crusade (BGMC)
Budapest Care Center, Project #58.029540
Carrie & Matt Love—Dominican Rep. Missionaries
Chamber Ministries*
Chi Alpha - Eastern Michigan University
City Mission
Clare Assembly of God*
Coates Ministries – Kenya
Coins for Kids
Connection Church*
Convoy of Hope
Dearborn Assembly of God Building Project*
Dearborn Church Plant, Dearborn AOG
Ebenezer Glenn Orphanage, Dessalines Haite*
Family Life Services/Pregnancy Counseling Ctr.*
First Assembly of God*
Food Bank/Mission First A/G, Dbn. Hts., MI

Fellowship of Christian Athletes (FCA)
Fowlerville Freedom Center
Heroes of Faith, First A/G, Dbn. Hts., MI
Jamaica Christian School for the Deaf*
Joy of Jesus*
Hillcrest Orphanage
His Healing Hands
In Memory of Amy Lyzenga
India Missions
Jamaica Christian School for the Deaf
King of Love University Church – Ypsilanti, MI
Latin America Child Care
Latino Christian Center
MAPS to Argentina
Marathon Mission – Detroit, Maine, Chicago
Marathon Mission ORU Scholarship
Michigan Missions and Church Planting
Mission Aviation Fellowship
Neighborhood Legal Services, March for Justice
Obadiah Ministries*
One University of the America's Fund*
ONEWAY Youth Ministries, Hope Alive A/G
Open Arms Lutheran Church Ministries
Oral Roberts University - "Renewing the Vision"

Pregnancy Counseling Center*
Promise Village
Robin's Nest Children's Home
Seeds of Faith
Shalom Heritage*
Southfield Christian School
Speed the Light, MI
Speers Family – Mexico
St. Mary Community Outreach Center
The Navigators
The Shores Church*
The Shores Church Mission
Trinity Lutheran School Project
Unlimited Vision
Unlimited Vision, MI District A/G Women's Ministry
Wellspring
Wycliffe Bible Translators – Peru
Younglife/Wyldlife
Youth for Christ – Cleveland, OH
Youth Mission Challenge*

Marathon Mission



"I ran the 5K for BGMC. ... If there is something else hard for me to do, I believe that I can do it, because I already did a really hard thing!"
 -9 year old, Victoria Harper

MISSION STATEMENT -The purpose of Marathon Mission is for committed walkers and runners to raise financial support for the myriad of outstanding missionaries, charitable workers, and community helpers, both stateside and abroad, who daily lay down their lives for the least of these. Among the groups that are supported are: Heroes of Faith; BGMC; Beat The Odds; Dearborn Assembly; First AG Food Bank; Hillcrest Orphanage; Joy of Jesus; March For Justice; Royal Rangers; Speed The Light; Southfield Christian School and many more!

For those with a passion to see souls won, the hungry fed, the naked clothed, the orphans comforted, the downtrodden lifted up, and the homeless find homes, Marathon Mission provides an avenue to use our strength to make an eternal impact.



"It is all about...being with family, friends, and new friends such as you and your [organization]. It was great!!"

Bless you and yours,
 Bob
 Washington, DC



"The Marathon Mission Team really helped make this event more meaningful to me than just a marathon (which may sound funny saying "just a marathon"). But this was my fifth one and I'll be honest, it meant the most to me. ..."



Dan Van Veen



"It was everything I expected and much more. [The Pasta Supper] allowed me to see and meet the rest of the MM participants. [The Sunrise Celebration] really got me pumped up and even more excited. ... It was truly an experience I will never forget and a good one at that. I'm looking forward to next year... Thanks again for all your encouragement before and after the race!!"

Love,
 Jenni



"On a personal level, were it not for MM and the marathon 5K, I would not have worked so hard on training after my August knee replacement. And because of MM, our second largest contribution to Beat the Odds this year was made possible. The MM team raised more than \$1400 for Beat the Odds. Thank you!"
 Blessings,
 Jeff



MARATHON MISSION'S BENEFITING CHARITIES

AAA Pregnancy Resource Center	King of Love University Church - Ypsilanti, MI
Abide Ministries	Latin American Child Care
Autism Research Institute	Latino Christian Center
Beat the Odds Awards Program	Maine Marathon Mission Causes
Bless India Ministries	MAPS to Argentina
Boys & Girls Missionary Crusade (BGMC)	Michigan Missions & Church Planting
Budapest Care Center, Project #58.029540	Mission Aviation Fellowship
Carrie & Matt Love, Dominican Republic Missionaries	Neighborhood Legal Services - March for Justice
Chi-Alpha - Eastern Michigan University	Obadiah Ministries
City Mission	ONEWAY Youth Ministries - Hope Alive A/G
Coates Ministries - Kenya	Open Arms Lutheran Church Ministries
Coins for Kids	Promise Village
Convoy of Hope	Robin's Nest Children's Home
Dearborn Assembly of God	Seeds of Faith
First A/G Food Bank	Southfield Christian School - Student Missions Program
Fowlerville Freedom Center	Speed the Light
Heroes of Faith	Speers Family - Mexico
Hillcrest Orphanage	St. Mary Community Outreach Center
His Healing Hands	The Navigators
In Memory of Amy Lyzenga	Unlimited Vision, MI District A/G Women's Ministry
India Missions	Wycliffe Bible Translators - Peru
Jamaica Christian School for the Deaf	Younglife/Wyldlife
Joy of Jesus	Youth for Christ - Cleveland OH

Exactly that!

Participating in a **MARATHON** with a **MISSION!**

Founder, Lisa M. Harper, has taken two meaningful areas of everyday living and combined them for one wonderful outcome with Marathon Mission®! These two key components are health and compassion; to remain physically active and to love thy neighbor. Today YOU can take these components and make a change in your health and the world around you when you join the Marathon Mission Team.

Marathon Mission® gathers a multitude of people to participate in marathons each year; raising funds for their favorite faith or community based organization. There are runners/walkers from across the United States participating to help charitable organizations. A single person can raise **over a thousand dollars!**

"...it's more than just a marathon or a means for raising funds. The Marathon Mission Team is a family of believers who have one heart - a heart to follow after Christ, to help the downtrodden, to make the world around them a better place; a heart that has faith that ONE PERSON CAN MAKE A DIFFERENCE!

On marathon day, the Marathon Mission Team has a passion about them that other runners/walkers truly notice. What an awesome experience to be a part of that team!"

-Brenda

Marathon Mission® is a faith and community based non-profit organization that unites other non-profits with ambitious, generous people. People reach beyond themselves and use their strengths and abilities to help charitable organizations. Marathon Mission® has been active in the fund-raising vocation for a handful of years.

MARATHON MISSION—YOUR SUCCESS TO A HEALTHY FUNDRAISER



MARATHON MISSION IS HERE TO HELP YOU RAISE YOUR SUPPORT

This is how it works:

Marathon Mission is a faith and community based charity that uses local marathons as its venue.

People of all ages walk or jog various distances for many reasons. Missionaries, churches, charities, are all under the umbrella of Marathon Mission.

Family and/or friends are given the opportunity to walk/jog a 5K (3.1 miles) or longer (1/2 marathon or even a whole marathon) and raise support for YOUR MINISTRY through their efforts with Marathon Mission.

Missionary Carrie Love



Raised **\$15,000**
through her
MARATHON MISSION
efforts.



Independent Runner: Helen Glandon

Raised
\$1,500
for her
MARATHON MISSION
charity of choice.

Here's the cool part: the money doesn't even come to us. It would go directly to YOU! 100% of it! ☺ Marathon Mission provides the tools to make it happen.

Visit www.MarathonMission.net. Look it all over. See what you think! We believe if you propose this option to your organization's fan club that people would love to help your ministry. Once they are connected with us, we can instruct them, so you wouldn't need to worry about that. (We've got instructions, support letters, pledge sheets...all people need is available on our website.)

When your organization becomes part of the Marathon Mission Team we list your organization as a charity to donate to and we include a link to your site!

STATEMENT OF BELIEF

We believe: that through the grace of God and the supernatural power of the Holy Spirit, we choose to run the race of life with endurance (Hebrews 12:1,2). We believe in the importance of faith and fitness to achieve our potential for service to God and others. We are fully devoted to Christ, to charity without discrimination, and to the holy and infallible Word of God. We trust in Jesus Christ as our Savior and fully believe that there is one God, who exists eternally in the three persons of the Father, Son, and Holy Spirit. God, as the Creator of heaven and earth, is the Almighty Father. Jesus was born of the virgin Mary. God loved the world so much that He sent his Son to earth, "That whoever believes in Him should not perish, but have everlasting life," (John 3:16). Thus, we receive eternal life through the risen Christ who will return again for his church. It is by the power of the Holy Spirit that this spiritual rebirth and regeneration occurs.

LEADING YOUR TEAM

With Marathon Mission in the Detroit Free Press Marathon

DETROIT FREE PRESS MARATHON REGISTRATIONS

KEEP A MASTER LIST of participants.

Bare in mind, the later you register with the Detroit Free Press Marathon the more the price goes up. Pricing schedule can be found on Freepmarathon.com.

As your team registers with the Detroit Free Press Marathon follow these steps:

- You must register for the race online. Go to www.marathonmission.net and click on the Detroit Free Press logo.
- Make sure you indicate Marathon Mission when you register!

Family and friends are welcome. Make sure that they follow the same registration guidelines.

PASTA SUPPER/T-SHIRT FORM

For **Group Orders**, gather the count of tees and Pasta Tickets for participants. Keep good records of who gets which size. Complete the Group Order Form and mail (post-marked before September 1) to Marathon Mission, P.O. Box 87265, Canton, MI 48187.

For **Individual Orders**, have each participant complete their order slip and mail with check to Marathon Mission, at the Canton address.

PLEDGES

These are tips for you to pass on to your participants:

- Participants may use the Marathon Mission **Support Letter already written for them. They will need to fill in the blanks BEFORE making copies.
- When mailing to friends and family they will need to include SASE,
ADDRESS THE SASE ENVELOPE TO YOUR CHURCH, ATTN: team leader's name.
- Email is also a great way to gain support for your charity.
- Collect Pledges by race day using the MM**Pledge Sheet. Be sure checks are made payable to your organization, and write Marathon Mission on memo line. Keep track of money that comes to your organization via Marathon Mission and report your total on the questionnaire to Marathon Mission by November 1st.
- Use original copy of pledge forms to write thank you notes to all who donated. They want to hear your story!

ADDITIONAL FORMS FOR YOUR TEAM

Please make copies of these to distribute to your team:

- **5K Push**, a great training log for the 5K
- **Questionnaire** to be completed AFTER the marathon
- **Marathon Mission Leaflets and Flyers**

RECRUIT FOR THE 5K!

In a Nutshell

Detroit 2011 Marathon Mission Team

Thank you for expressing an interest in walking or running with / for the Marathon Mission Team in the Detroit Free Press Marathon on Sunday, October 16, 2011. **Follow these 10 simple steps and you'll be on your way.**

1. Visit www.marathonmission.net often for all of your Marathon Mission needs.
2. Go to www.marathonmission.net. Then click on the link to register for the Detroit Free Press Marathon. ALL race registrations must be done online with the use of a credit or debit card.
3. MAKE SURE you indicate Marathon Mission (MM) when you register. This is the only way that MM knows who part of the 2011 MM Team in Detroit is.
4. You may make an online donation to MM when registering, if you so choose. You may also create a fundraising page online with the race/Active.com and MM if you enjoy sharing your running/walking/fundraising opportunity with others online.
5. You may also choose another MM Charity Cause to run or walk for, assuming that cause (or a representative) has completed the online Team Captain Charity Agreement form found at www.marathonmission.net. If you would like to initiate a new MM cause, subject to the approval of MM Leadership, please complete and return that form to MM ASAP.
6. You do not have to raise funds or donate to participate with the MM team, though it is strongly encouraged.
7. Complete and mail in your Pasta/Tee Form from www.marathonmission.net to MM **by September 1, 2011** or sooner. Wear former or new MM t-shirts on race morning as outside layer.
8. Each participant must pick up own race packet on race weekend. See www.detroitmarathon.com for all race guidelines.
9. Join us for our pre-race MM Pasta Supper – Saturday, October 15, 4 PM SHARP to 6 PM – Connection Church in Canton, MI.
10. Join us for our Sunrise Celebration early on race morning near the start of the race. See home page of www.marathonmission.net closer to race date for time and location. Look for our red MM Banners on race morning and check back in with us when you cross your finish line! Way to be a winner!

Questions: Email Lisa@marathonmission.net or call 734-775-3073.

You CAN do this!



MARATHON MISSION

"Let us run with perseverance, the race marked out for us." Heb. 12:1

Founder
Lisa M. Harper

MAIL: Marathon Mission, P.O. Box 87265, Canton, MI 48187 PHONE: 734 775-3073
WEB SITE: www.MarathonMission.net EMAIL: Lisa@MarathonMission.net

DETROIT GROUP PASTA/TEE ORDER FORM

PASTA SUPPER TICKETS

Pasta Supper Tickets:

Join us for the Pasta Supper where you will receive last minute instructions, tee shirt orders and encouragement to "go the distance" for your charity! Saturday, October 15, 2011, Festivities will begin at 4:00 PM promptly. Location: Connection Church, 3855 Sheldon Rd, Canton, MI 48188; just north of Michigan Ave. approximately 2 miles west of I-275. Understanding that Sunday morning comes early we would like to keep to a schedule and conclude by 6:00.

Suggested Donation Amounts:

Children \$3.00 when post-marked by September 1
Under 12 yrs of age

Adults \$5.00 when post-marked by September 1

Supportive friends and family members of participants are encouraged to attend!

TEE SHIRT ORDERS

Marathon Mission Tee Shirts:

Participants of Marathon Mission are encouraged to wear the Marathon Mission tees for these reasons: on race day photographers and other staff will be able to find you in the crowd, on-lookers will know that you are running for a reason, you will have a token of this very memorable day, and when wearing it after race day you will give others a chance to see that they can "run for a reason." You may also choose to wear your MM shirt from a previous year.

Suggested Donation Amounts:

SPECIAL: Moisture Management Tees \$22.00 when post-marked by September 1
 Sizes Child Small to Adult Large \$10.00 when post-marked by September 1
 Sizes X-Large to 2X \$13.00 when post-marked by September 1
 Over 2X \$15.00 when post-marked by September 1

Send completed order slip with checks made payable to Marathon Mission ("pasta/tees" on memo) to :

Marathon Mission, P.O. Box 87265, Canton, MI 48187

**Tee Shirts will NOT be mailed. They must be picked up in person at the Pasta Supper or at the Marathon Mission Sunrise Celebration

PASTA SUPPER TICKETS & TEE SHIRT ORDER SLIP

Item Description	Enter quantities and amounts in appropriate squares								
PASTA TICKETS									Extended Amount
Pasta Adult \$5.00	Quantity _____ X \$5 = \$ _____								
Pasta Child \$3.00	Quantity _____ X \$3 = \$ _____								
TEE SHIRT ORDERS	Child Med.	Child Large	Adult Small	Adult Med.	Adult Large	Adult X-Lg	2X add \$3	3X add \$3	
Count for Cotton Tees									
Moisture Management Count									
TOTAL COUNTS	_____	_____	_____	_____	_____	_____	_____	_____	
TOTAL ENCLOSED									\$
NAME					PHONE				
NAME OF ORGANIZATION	Email								

Important!
Don't throw this away!!!!



Important!
Don't throw this away!!!!

MARATHON MISSION THANKS YOU!

MARATHON MISSION DETROIT CHARITY/TEAM CAPTAIN'S QUESTIONNAIRE

Ok, friends. The hard part is over! Your team finished the race well. Please take a few minutes to fill out this questionnaire for us. We want to know your story, and we want to make Marathon Mission the best that it can be! **Your input matters!**

Please complete ASAP and return this sheet by November 1 to

Marathon Mission

P.O. Box 87265

Canton, MI 48187

DO IT NOW SO YOU WON'T FORGET!!!

Name		
Organization		
Address		
City	State	ZIP
E-mail Address		

<i>What brought you to Marathon Mission this year?</i>	
<i>Were you able to raise support or donations for your organization? (YES or NO)</i>	
<i>If so, how much?</i>	<i>Was this worth your efforts?</i>
<i>What was the most difficult part?</i>	
<i>What was the most helpful part?</i>	
<i>How did you feel when you started?</i>	
<i>What special memories do you have along the way? (What stood out to you?)</i>	
<i>How did you feel when your Team crossed the finish line?</i>	
<i>Would you suggest we continue with the pre-race Pasta Supper the afternoon before the race? (YES or NO) Any suggestions for that?</i>	
<i>What are your thoughts about the Sunrise Celebration?</i>	
<i>How can we make Marathon Mission better for others next year?</i>	
<i>Do you have a word of encouragement that you'd like us to pass onto the Missionaries, Faith-Based Charities and Charitable Workers that were beneficiaries of this year's Marathon Mission?</i>	
<i>Is there any other feedback you'd like to share that might help us in the future?</i>	

Visit us at www.marathonmission.net and Facebook! Marathon Mission – We keep the flame burning and the legs turning.

Wait!!!
Don't Throw this Away!!!



Wait!!!
Don't Throw this Away!!!

MARATHON MISSION TEAM THANKS YOU!

MARATHON MISSION DETROIT PARTICIPANTS QUESTIONNAIRE

Ok, friends. The hard part is over! You finished your race well. Please take a few minutes to fill out this questionnaire for us. We want to know your story, and we want to make Marathon Mission the best that it can be! **Your input matters!**

Please complete ASAP and return this sheet by November 1 to:

Marathon Mission

P.O. Box 87265

Canton, MI 48187

DO IT NOW SO YOU WON'T FORGET!!!

Name		
Address		
City	State	ZIP
E-mail Address		

<i>Why did you run or walk with the Marathon Mission Team this year? What made you do it?</i>	
<i>Were you able to raise support or donate for a cause? (YES or NO)</i>	
<i>If so, what charity did you walk or run for?</i>	<i>How much were you able to raise for your efforts?</i>
<i>Was it worth your effort? (You BETTER say yes!! 😊)</i>	
<i>How did you feel when you started?</i>	
<i>What special memories do you have along the way? (What were you thinking about? What stood out to you?)</i>	
<i>How did you feel when you crossed the finish line? (Besides tired!!)</i>	
<i>Would you suggest we continue with the pre-race Pasta Supper the afternoon before the race? (YES or NO) Any suggestions for that?</i>	
<i>What are your thoughts about the Sunrise Celebration?</i>	
<i>How can we make Marathon Mission better for others next year?</i>	
<i>Do you have a word of encouragement that you'd like us to pass onto the Missionaries, Faith-Based Charities and Charitable Workers that were beneficiaries of this year's Marathon Mission?</i>	
<i>Is there any other feedback you'd like to share that might help us in the future?</i>	

Visit us at www.marathonmission.net and on Facebook
Marathon Mission – We keep the flame burning and the legs turning!



My Name is _____ and I will be running/walking _____ (distance) in the _____ Marathon on _____ (date). I am supporting _____ Thank you for YOUR support and encouragement as I use my strength for God's Kingdom. Checks should be payable to _____ with Marathon Mission on the memo line.

NAME	City, State, zip	HOME ADDRESS	PHONE	EMAIL	TOTAL PLEDGE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					

PARTICIPANTS – Be sure to fill in the blanks at the top of form. Information on where to send pledges can be found at your charity's website. Checks must be payable to charity or appointed representative. **Funds should be collected by race day**, and sent to appropriate charity one week after race day.

IN THE BEGINNING...

Marathon Mission began in 2003 with one-lone-Marathon-runner. Lisa Harper, on a mission herself from God, ran the Detroit Free Press/Flagstar Marathon and raised funds to help support Missionaries in the United States and abroad.

Lisa was inspired by the fact that life is "NOT ABOUT YOU" and "ALL ABOUT GOD". Thus, the Marathon Mission was birthed as a creative means of assisting others in practical and spiritual ways.

The news spread quickly. With the very next Marathon, old and young mission-minded people, both in shape and out, decided to be used by God to make a difference in the lives of others.

Today Marathon Mission is a non-profit organization where people are using their strength to run or walk various distances for reasons beyond themselves. We have a wonderful opportunity to be the hands and feet of Christ for a few miles.



Mission Statement

The purpose of Marathon Mission is for committed walkers and runners to raise financial support for the plethora of outstanding missionaries, charitable workers, and community helpers, both stateside and abroad, who daily lay down their lives for the least of these.

Among the groups that are supported are: AAA Pregnancy Resource Center, Abide Ministries, Autism Research Institute, Beat the Odds Awards Program, Bless India Ministries, Boys & Girls Missionary Crusade (BGM), Budapest Care Center - Project #58.029540, Carrie & Matt Love, Dominican Republic Missionaries, Chi-Alpha - Eastern Michigan University, City Mission, Coates Ministries - Kenya, Coins for Kids, Convoy of Hope, Dearborn Assembly of God, First A/G Food Bank, Fowlerville Freedom Center, Heroes of Faith, Hillcrest Orphanage, His Healing Hands, In Memory of Amy Lyzenga, India Missions, Jamaica Christian School for the Deaf, Joy of Jesus, King of Love University Church - Ypsilanti, MI, Latin American Child Care, Latino Christian Center, Maine Marathon Mission Causes, MAPS to Argentina, Michigan Missions & Church Planting, Mission Aviation Fellowship, Neighborhood Legal Services - March for Justice, Obadiah Ministries, ONEWAY Youth Ministries - Hope Alive A/G, Open Arms Lutheran Church Ministries, Promise Village Robin's Nest Children's Home, Seeds of Faith, Southfield Christian School - Student Missions Program, Speed the Light, Speers Family - Mexico, St. Mary Community Outreach Center, The Navigators, Unlimited Vision- MI District A/G Women's Ministry, Wycliffe Bible Translators - Peru, Younglife/Wyldlife, Youth for Christ, FCA.

For those with a passion to see souls won, the hungry fed, the naked clothed, the orphans comforted, the downtrodden lifted up, and the homeless find shelter, Marathon Mission provides an avenue to use our strength to make an eternal impact.



MARATHON MISSION

"...Let us run with perseverance the race marked out for us." Hebrews 12:1

Running for a Reason

Marathon Mission



"...I felt like a hero..."

Visit our web site for more details.
www.MarathonMission.net