

Marathon Mission NATIONAL



Participants Handbook

www.marathonmission.net

Join the Marathon Mission Team
The premier faith and community-based team in the running!

Your team **CAN** do this!



Lisa M. Harper, Founder
(734) 775-3073
lisa@marathonmission.net



Marathon Mission



What is Marathon Mission?

Marathon Mission, a premier faith and community based umbrella charity, began in 2003 with the Detroit Free Press Marathon. Marathon Mission is a tool for walkers and joggers of all ages and abilities to raise support for the myriad of outstanding missionaries and charitable workers both stateside and abroad. Marathon Mission is for those with a passion to see souls won, the hungry fed, the naked clothed, the orphans comforted, the downtrodden lifted up, and the homeless find shelter. We provide an avenue for individuals to use their strength to make an eternal impact. While Detroit is the hub of our "MM" wheel, Marathon Mission continues to expand to other races - new places with fresh faces...like Boston, Chicago, Dearborn, Peak Performance Maine Marathon, Outer Banks, Ionia, Ludington and more. Marathon Mission brings vibrant health to communities, one step at a time. Visit us often at www.marathonmission.net. Marathon Mission keeps the flame burning and the legs turning!



MM on Facebook!

Living and Loving: The Marathon of Life by Lisa M. Harper

Check out Marathon Mission on Facebook! You can read Lisa Harper's blog, as well as the blogs of the MM Trainers. In addition, you can view videos related to MM, as well as receive notification about upcoming events! You will also meet others who are passionate about running and raising money for charity. Hope to see you there! You can also always contact Lisa Harper at lisa@marathonmission.net.



Discover life the way it should be — powered by such love, faith and joy that it envelopes even those around you! In *Living and Loving*, author Lisa M. Harper will light up your world as she comes alongside and shares mile after inspiring mile of her marathon of life experiences.

About the Author: Lisa M. Harper is a motivator, encourager, and worker whose zest for living is nothing short of contagious. Motivating others to achieve their "unattainable" dreams, while empathizing with their struggles, Harper offers her friends a unique blend of reflection, compassion and inspiration. Although Harper has rarely met a challenge she couldn't overcome, her life experiences include setbacks, heartaches, and losses women and men can identify with.

Order your copy today: www.themarathonoflife.com



Marathon Mission...we keep the legs turning and the flame burning!

Marathon Mission Charity Partners 2003-2010

AAA Pregnancy Resource Center*
Abide Ministries
Advocates Legal Service
American Ministries to the Deaf*
Autism Research Institute*
Beat the Odds Awards Program
Bless India Ministries, Inc.
Boys & Girls Missionary Crusade (BGMC)
Budapest Care Center, Project #58.029540
Carrie & Matt Love—Dominican Rep. Missionaries
Chamber Ministries*
Chi Alpha - Eastern Michigan University
City Mission
Clare Assembly of God*
Coates Ministries – Kenya
Coins for Kids
Connection Church*
Convoy of Hope
Dearborn Assembly of God Building Project*
Dearborn Church Plant, Dearborn AOG
Ebenezer Glenn Orphanage, Dessalines Haite*
Family Life Services/Pregnancy Counseling Ctr.*
First Assembly of God*
Food Bank/Mission First A/G, Dbn. Hts., MI

Fellowship of Christian Athletes (FCA)
Fowlerville Freedom Center
Heroes of Faith, First A/G, Dbn. Hts., MI
Jamaica Christian School for the Deaf*
Joy of Jesus*
Hillcrest Orphanage
His Healing Hands
In Memory of Amy Lyzenga
India Missions
Jamaica Christian School for the Deaf
King of Love University Church – Ypsilanti, MI
Latin America Child Care
Latino Christian Center
MAPS to Argentina
Marathon Mission – Detroit, Maine, Chicago
Marathon Mission ORU Scholarship
Michigan Missions and Church Planting
Mission Aviation Fellowship
Neighborhood Legal Services, March for Justice
Obadiah Ministries*
One University of the America's Fund*
ONEWAY Youth Ministries, Hope Alive A/G
Open Arms Lutheran Church Ministries
Oral Roberts University - "Renewing the Vision"

Pregnancy Counseling Center*
Promise Village
Robin's Nest Children's Home
Seeds of Faith
Shalom Heritage*
Southfield Christian School
Speed the Light, MI
Speers Family – Mexico
St. Mary Community Outreach Center
The Navigators
The Shores Church*
The Shores Church Mission
Trinity Lutheran School Project
Unlimited Vision
Unlimited Vision, MI District A/G Women's Ministry
Wellspring
Wycliffe Bible Translators – Peru
Younglife/Wyldlife
Youth for Christ – Cleveland, OH
Youth Mission Challenge*

Marathon Mission



"I ran the 5K for BGMC. ... If there is something else hard for me to do, I believe that I can do it, because I already did a really hard thing!"
 -9 year old, Victoria Harper

Exactly that!

Participating in a **MARATHON** with a **MISSION!**

Founder, Lisa M. Harper, has taken two meaningful areas of everyday living and combined them for one wonderful outcome with Marathon Mission®! These two key components are health and compassion; to remain physically active and to love thy neighbor. Today YOU can take these components and make a change in your health and the world around you when you join the Marathon Mission Team.

Marathon Mission® gathers a multitude of people to participate in marathons each year; raising funds for their favorite faith or community based organization. There are runners/walkers from across the United States participating to help charitable organizations. A single person can raise **over a thousand dollars!**

"...it's more than just a marathon or a means for raising funds. The Marathon Mission Team is a family of believers who have one heart - a heart to follow after Christ, to help the downtrodden, to make the world around them a better place; a heart that has faith that **ONE PERSON CAN MAKE A DIFFERENCE!**

On marathon day, the Marathon Mission Team has a passion about them that other runners/walkers truly notice. What an awesome experience to be a part of that team!"

-Brenda

Marathon Mission® is a faith and community based non-profit organization that unites other non-profits with ambitious, generous people. People reach beyond themselves and use their strengths and abilities to help charitable organizations. Marathon Mission® has been active in the fund-raising vocation for a handful of years.

MISSION STATEMENT -The purpose of Marathon Mission is for committed walkers and runners to raise financial support for the myriad of outstanding missionaries, charitable workers, and community helpers, both stateside and abroad, who daily lay down their lives for the least of these. Among the groups that are supported are: Heroes of Faith; BGMC; Beat The Odds; Dearborn Assembly; First AG Food Bank; Hillcrest Orphanage; Joy of Jesus; March For Justice; Royal Rangers; Speed The Light; Southfield Christian School and many more!

For those with a passion to see souls won, the hungry fed, the naked clothed, the orphans comforted, the downtrodden lifted up, and the homeless find homes, Marathon Mission provides an avenue to use our strength to make an eternal impact.



"It is all about...being with family, friends, and new friends such as you and your [organization]. It was great!!"

Bless you and yours,
 Bob
 Washington, DC



"The Marathon Mission Team really helped make this event more meaningful to me than just a marathon (which may sound funny saying "just a marathon). But this was my fifth one and I'll be honest, it meant the most to me. ..."



Dan Van Veen



"It was everything I expected and much more. [The Pasta Supper] allowed me to see and meet the rest of the

MM participants. [The Sunrise Celebration] really got me pumped up and even more excited. ... It was truly an experience I will never forget and a good one at that. I'm looking forward to next year... Thanks again for all your encouragement before and after the race!!"

Love,
 Jenni



"On a personal level, were it not for MM and the marathon 5K, I would not have worked so hard on training after my August knee replacement. And because of MM, our second largest contribution to Beat the Odds this year was made possible. The MM team raised more than \$1400 for Beat the Odds. Thank you!"

Blessings,
 Jeff



MARATHON MISSION'S BENEFITING CHARITIES

AAA Pregnancy Resource Center	King of Love University Church - Ypsilanti, MI
Abide Ministries	Latin American Child Care
Autism Research Institute	Latino Christian Center
Beat the Odds Awards Program	Maine Marathon Mission Causes
Bless India Ministries	MAPS to Argentina
Boys & Girls Missionary Crusade (BGMC)	Michigan Missions & Church Planting
Budapest Care Center, Project #58.029540	Mission Aviation Fellowship
Carrie & Matt Love, Dominican Republic Missionaries	Neighborhood Legal Services - March for Justice
Chi-Alpha - Eastern Michigan University	Obadiah Ministries
City Mission	ONEWAY Youth Ministries - Hope Alive A/G
Coates Ministries - Kenya	Open Arms Lutheran Church Ministries
Coins for Kids	Promise Village
Convoy of Hope	Robin's Nest Children's Home
Dearborn Assembly of God	Seeds of Faith
First A/G Food Bank	Southfield Christian School - Student Missions Program
Fowlerville Freedom Center	Speed the Light
Heroes of Faith	Speers Family - Mexico
Hillcrest Orphanage	St. Mary Community Outreach Center
His Healing Hands	The Navigators
In Memory of Amy Lyzenga	Unlimited Vision, MI District A/G Women's Ministry
India Missions	Wycliffe Bible Translators - Peru
Jamaica Christian School for the Deaf	Younglife/Wyldlife
Joy of Jesus	Youth for Christ - Cleveland OH

THE MARATHON MISSION TEAM

Marathon Mission is a faith and community based umbrella charity where people of all ages and abilities walk or run various distances for a myriad of worthy causes.

WHAT'S GOING ON? Whether your charity has joined the Marathon Mission Team, or you have decided to run for an organization that is already carried by Marathon Mission, we will be walking, running or jogging (or some combination) a full or portion of a marathon: 5K (3.1 miles), full, half or relay. Marathon Mission can be a two day event. This is optional.

DAY 1 - Pasta Supper is held at _____
on _____ (day of the week), _____ (date) _____ (time).

DAY 2 - Race Day, your venue is the _____ and is held
on _____ (day of the week), _____ (date) _____ (start time).

Your Team Leader's name and contact info: _____

WHY? This is a fun and easy way to raise thousands of dollars for your organization!

WHAT DO I DO? Visit www.marathonmission.net to get the big picture. Be sure to watch the 3 minute video, located on the home page! Once you are familiar with Marathon Mission and the Charity you're participating for, follow the "Marathon Mission Participant's Checklist."

Marathon Mission Participant's Checklist-

- Visit the marathon website** your charity/organization has designated as the venue for participation. Register directly with the race, usually online. (Note: Register ASAP, as rates with races do increase as race day nears!) Some race registrations may provide a place for you to indicate what charity/reason you are walking or running for. If that is the case, please indicate MARATHON MISSION.
- Contact your Team Captain** and let him/her know that you have joined them in their efforts. Save Team Captain's contact information for future reference.
- Mark your calendar** with Day 1 and Day 2 events and times. **IMPORTANT:** Pasta Supper (Optional – Day 1) is intended to be short and sweet. It is NOT a drop-in time. After food is served, you will receive crucial information about race day morning. Be sure you get your ticket or reservation in for this event.
- Start training-** If you are doing a 5K, use the motivating "5K Push Training Log"**. Use it to record your mileage as you approach race day. Email our MM trainers: No matter what distance you choose, our MM trainers are only an email away. Ask them your questions! Dan and Carolyn have both run marathons with Marathon Mission. Not only do they understand MM, but they also understand health and fitness. What a resource!
- Complete your Tee-shirt Order Form**** and turn it in to your Team Captain or mail it to Marathon Mission P.O. Box 87265, Canton, MI 48187 with your completed check.
- Start collecting pledges** for race day! First, set a goal for your fundraising! Share it with others! People LOVE to give to worthy causes.

*Support Letter**-*

- Lisa Harper, Founder, wrote a very helpful support letter about Marathon Mission so that you don't have to!
- Mail 10 letters to family and friends and see what happens! Include self addressed envelope (addressed to you).

*Pledge Sheet**-*

- Complete blanks at top of form before collecting pledges or making copies. Information can be found at MarathonMission.net, through the List of charities link.
- Available for charity to send letter of tax credit to donors, also for your records to write thank you notes to your supporters.
- Collect lump sum donations and turn in to your charity (or MM if you are running directly for MM) by race day, ideally.
- Ask family and friends to take a pledge sheet to their work, school, or neighborhood on your behalf.

Pledges **MUST** be payable to your charity, not Marathon Mission. (Of course, you may also choose to walk or run **FOR** Marathon Mission itself, which is a viable choice! In that case, you would have checks made payable to Marathon Mission). On memo line for all checks, write “Marathon Mission”.

- Recruit your family and friends to join you.** They would follow the same registration process you did. Be sure that they also contact your Team Captain to let them know that they will be participating with you on race day.
- Race Packet Pick-Up:** The races will have some centralized location where each participant must pick up his/her race packet with ID number to be pinned to Marathon Mission shirt. This shirt should be worn as the outside layer! If it’s cold, please wear layers underneath the MM shirt. Many races will also have a timing chip that must be attached to your shoe. This usually comes with the race packet. Follow race instructions for this. NOTE: MM suggests that each participant pick up his/her race packets **BEFORE** race morning if at all possible. Some races have a health/fitness EXPO to visit, where packets are picked up. NOTE- It is the sole responsibility of each Marathon Mission participant to pick up his or her own race packet, or make arrangements (within the rules of the race) to have another person do this for you. Follow race directions for packet pickup!
- VERY IMPORTANT:** complete the *Questionnaire*** from Marathon Mission. Marathon Mission requests that each person complete this short questionnaire and mail within 7 days of race to: Marathon Mission, P.O. Box 87265, Canton, MI 48187. This is the only means for us to know about your Marathon Mission experience. Thank you, in advance, for your cooperation!
- Email pictures, video clips and stories** to lisa@marathonmission.net within 7 days of race. We want to hear about and **SEE** your Marathon Mission experiences! We’ll put the best on our MM website and MM Facebook page. Visit us on Facebook!

Questions about Marathon Mission: Email Lisa Harper, Founder: lisa@marathonmission.net. We have a great crew to help you accomplish this FEAT!

Visit Marathon Mission on Facebook
Marathon Mission...You really CAN do this!
www.marathonmission.net

***All forms are also available at the Marathon Mission website.*



MARATHON MISSION

"Let us run with perseverance, the race marked out for us." Heb. 12:1

MAIL: Marathon Mission, P.O. Box 87265, Canton, MI 48187 PHONE: 734 775-3073
WEB SITE: www.MarathonMission.net EMAIL: Lisa@MarathonMission.net

Dear Friends and Family:

Greetings! My name is Lisa Harper, and I am the founder of Marathon Mission. It has been my goal to provide a creative means for people to be a part of something truly transforming...some worthy cause bigger than them. Please read on to see how your friend or family member is doing just that and how you can help them in their efforts.

Marathon Mission is a non-profit community and faith based umbrella charity whose participants are walkers or runners of all ages. They raise financial support for a Marathon Mission charity of their choice, such as: food banks, orphanages, mission trips, transportation needs, scholarships to needy youth, outreach to inner-city families, clothing, life-changing camps for kids, Christian scouting groups, Bibles, and more. (Read more at www.marathonmission.net!)

It is my honor to write this letter of support for a friend or family member of yours.

_____ has decided to support _____ through their efforts with Marathon Mission by walking/running _____ distance in _____ (race) on _____ (date). Will you consider one or more of these three ways to help and encourage your friend or family member in this selfless and noble cause? This Marathon Mission Team realizes that, "To whom much is given, much is required." Indeed, "It is more blessed to give than to receive." In fact, I believe that when we GIVE, we do receive!

1. **Pray** for your friend, that God will give this individual all the tenacity of purpose to see the race through to the end.
2. **Pledge** a tax-deductible gift today. Your gift, no matter what size, will be greatly appreciated, and will go along way, In fact, 100% of your Marathon Mission donation will go directly to the Marathon Mission charity of choice. That is a tremendous return on the investment!
3. **Participate**- Who knows? Maybe you would actually like to run or walk a few miles with us? If so, you may register on line at www.detroitmarathon.com. Be sure to indicate Marathon Mission on the registration form!

Our goal is to have all lump-sum donations collected by Race Day. Thank you for your strong consideration!

William Penn's words are a challenge to us all:

"If there is any kindness I can show, or any good thing I can do to any fellow human being, let me do it now, and not defer or neglect it, as I shall not pass this way again."

Running the race set before us,

Lisa M. Harper

Marathon Mission Founder
lisa@marathonmission.net

**Participants: This information can be found at www.marathonmission.net / Charities by visiting your charity's website.

Yes, Lisa, count me in for the Marathon Mission Pledge Team! Enclosed is my donation of \$ _____.
Thank you for your generosity. All gifts are tax-deductible. Please send this form and your check to the following address by race day: ** _____

Checks made payable to: ** _____ with Marathon Mission on memo line of check.

Donor's Name _____ Address _____

Phone _____ Email _____ Date _____



MARATHON MISSION

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 WEB SITE: www.MarathonMission.net EMAIL: Lisa@MarathonMission.net

NATIONAL GROUP TEE ORDER

TEE SHIRT ORDERS

Marathon Mission Tee Shirts:

Participants of Marathon Mission are encouraged to wear the Marathon Mission tees as the outer-most layer for these reasons: on race day photographers and other team members will be able to find you in the crowd, on-lookers will know that you are running for a reason, you will have a token of this very memorable day, and when wearing it after race day you will give others a chance to see that they can "run for a reason."

Suggested Donation Amounts:

SPECIAL: Moisture Management Tees	\$22.00	Over Size 2X	\$15.00
Sizes Child Small to Adult Large	\$10.00		
Sizes X - Large and up	add \$3.00		

Send completed order slip with checks made payable to
 Marathon Mission ("tees" on memo) to :
 Marathon Mission, P.O. Box 87265, Canton, MI 48187
 Tee Shirt Orders will be shipped via USPS

ENTER SHIPPING & HANDLING CHARGES ON PARTICIPANT'S TEE ORDER FORM BEFORE YOU COPY THEIR PACKET. Guesstimate your group size to figure anticipated charges. For more than 10 tees add \$1.50 tee. For less than 10 tees its \$5.95 for entire shipment. For shipments over 50 tees the shipping rate may be less expensive, contact Anton Botosan for the postage rate of your shipment: phone – 248-895-5006 or Anton@MarathonMission.net.

~~PLEASE ALLOW 4 TO 5 WEEKS SHIPPING TIME BEFORE YOUR EVENT~~

MARATHON MISSION TEE SHIRT ORDER SLIP

Enter quantities and amounts in appropriate squares									Extended Amount
TEE SHIRT ORDERS	Child Med.	Child Large	Adult Small	Adult Med.	Adult Large	Adult X-Lg	2X add \$3	3X add \$3	
Count for Cotton Tees									
Moisture Management Tees								N/A	
TOTAL COUNTS									
Shipping & Handling	For orders of 50 tees or more call or email Anton Botosan for discounted shipping cost at 248-895-5006 or Anton@MarathonMission.net								
TOTAL ENCLOSED									\$
Contact Name					PHONE				
NAME OF ORGANIZATION									
SHIPPING INFORMATION:									
NAME, ATTENTION TO, ADDRESS,									
CITY, STATE, & ZIP									



My Name is _____ and I will be running/walking _____ (distance) in the _____ Marathon
 on _____ (date). I am supporting _____ Thank you for YOUR support and encouragement as I use my
 strength for God's Kingdom. Checks should be payable to _____ with Marathon Mission on the memo line.

NAME	City, State, zip	HOME ADDRESS	PHONE	EMAIL	TOTAL PLEDGE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					

PARTICIPANTS – Be sure to fill in the blanks at the top of form. Information on where to send pledges can be found at your charity's website. Checks must be payable to charity or appointed representative. **Funds should be collected by race day**, and sent to appropriate charity one week after race day.

**Wait!!!
Don't Throw this Away!!!**



**Wait!!!
Don't Throw this Away!!!**

MARATHON MISSION TEAM THANKS YOU!
MARATHON MISSION PARTICIPANTS QUESTIONNAIRE

Ok, friends. The hard part is over! You finished your race well. Please take a few minutes to fill out this questionnaire for us. We want to know your story, and we want to make Marathon Mission the best that it can be! **Your input matters!** Please complete ASAP and return this sheet within 1 week of your event to

Marathon Mission
P.O. Box 87265
Canton, MI 48187

DO IT NOW SO YOU WON'T FORGET!!!

Name	Name of Organization
Address	Race Venue
City State ZIP	Date of Race
E-mail Address	Race Location

<i>Why did you run or walk with the Marathon Mission Team this year? What made you do it?</i>	
<i>Were you able to raise support or donate for a cause? (YES or NO)</i>	
<i>Was it worth your effort? (You BETTER say yes!! 😊)</i>	<i>How much were you able to raise for your efforts?</i>
<i>How did you feel when you started?</i>	
<i>What special memories do you have along the way? (What were you thinking about? What stood out to you?)</i>	
<i>How did you feel when you crossed the finish line? (Besides tired!!)</i>	
<i>Did you attend the pre-race Pasta Supper the afternoon before the race? (YES or NO) Any suggestions for that?</i>	
<i>Did you attend the Sunrise Celebration? What are your thoughts about that?</i>	
<i>How can we make Marathon Mission better for others next year?</i>	
<i>Do you have a word of encouragement that you'd like us to pass onto the Missionaries, Faith-Based Charities and Charitable Workers that were beneficiaries of this year's Marathon Mission?</i>	
<i>Is there any other feedback you'd like to share that might help us in the future?</i>	
<i>If you have any photos you'd like to share send them to Lisa@MarathonMission.net</i>	

Thank You For Your Time.
(Feel free to use the back if needed.)

Visit Marathon Mission on Facebook!

www.marathonmission.net

IN THE BEGINNING...

Marathon Mission began in 2003 with one-lone-Marathon-runner. Lisa Harper, on a mission herself from God, ran the Detroit Free Press/Flagstar Marathon and raised funds to help support Missionaries in the United States and abroad.

Lisa was inspired by the fact that life is "NOT ABOUT YOU" and "ALL ABOUT GOD". Thus, the Marathon Mission was birthed as a creative means of assisting others in practical and spiritual ways.

The news spread quickly. With the very next Marathon, old and young mission-minded people, both in shape and out, decided to be used by God to make a difference in the lives of others.

Today Marathon Mission is a non-profit organization where people are using their strength to run or walk various distances for reasons beyond themselves. We have a wonderful opportunity to be the hands and feet of Christ for a few miles.



Mission Statement

The purpose of Marathon Mission is for committed walkers and runners to raise financial support for the plethora of outstanding missionaries, charitable workers, and community helpers, both stateside and abroad, who daily lay down their lives for the least of these.

Among the groups that are supported are: AAA Pregnancy Resource Center, Abide Ministries, Autism Research Institute, Beat the Odds Awards Program, Bless India Ministries, Boys & Girls Missionary Crusade (BGM), Budapest Care Center - Project #58.029540, Carrie & Matt Love, Dominican Republic Missionaries, Chi-Alpha - Eastern Michigan University, City Mission, Coates Ministries - Kenya, Coins for Kids, Convoy of Hope, Dearborn Assembly of God, First A/G Food Bank, Fowlerville Freedom Center, Heroes of Faith, Hillcrest Orphanage, His Healing Hands, In Memory of Amy Lyzenga, India Missions, Jamaica Christian School for the Deaf, Joy of Jesus, King of Love University Church - Ypsilanti, MI, Latin American Child Care, Latino Christian Center, Maine Marathon Mission Causes, MAPS to Argentina, Michigan Missions & Church Planting, Mission Aviation Fellowship, Neighborhood Legal Services - March for Justice, Obadiah Ministries, ONEWAY Youth Ministries - Hope Alive A/G, Open Arms Lutheran Church Ministries, Promise Village Robin's Nest Children's Home, Seeds of Faith, Southfield Christian School - Student Missions Program, Speed the Light, Speers Family - Mexico, St. Mary Community Outreach Center, The Navigators, Unlimited Vision- MI District A/G Women's Ministry, Wycliffe Bible Translators - Peru, Younglife/Wyldlife, Youth for Christ, FCA.

For those with a passion to see souls won, the hungry fed, the naked clothed, the orphans comforted, the downtrodden lifted up, and the homeless find shelter, Marathon Mission provides an avenue to use our strength to make an eternal impact.



MARATHON MISSION

"...Let us run with perseverance the race marked out for us." Hebrews 12:1

Running for a REASON

Marathon Mission



"...I felt like a hero..."

Visit our web site for more details.
www.MarathonMission.net